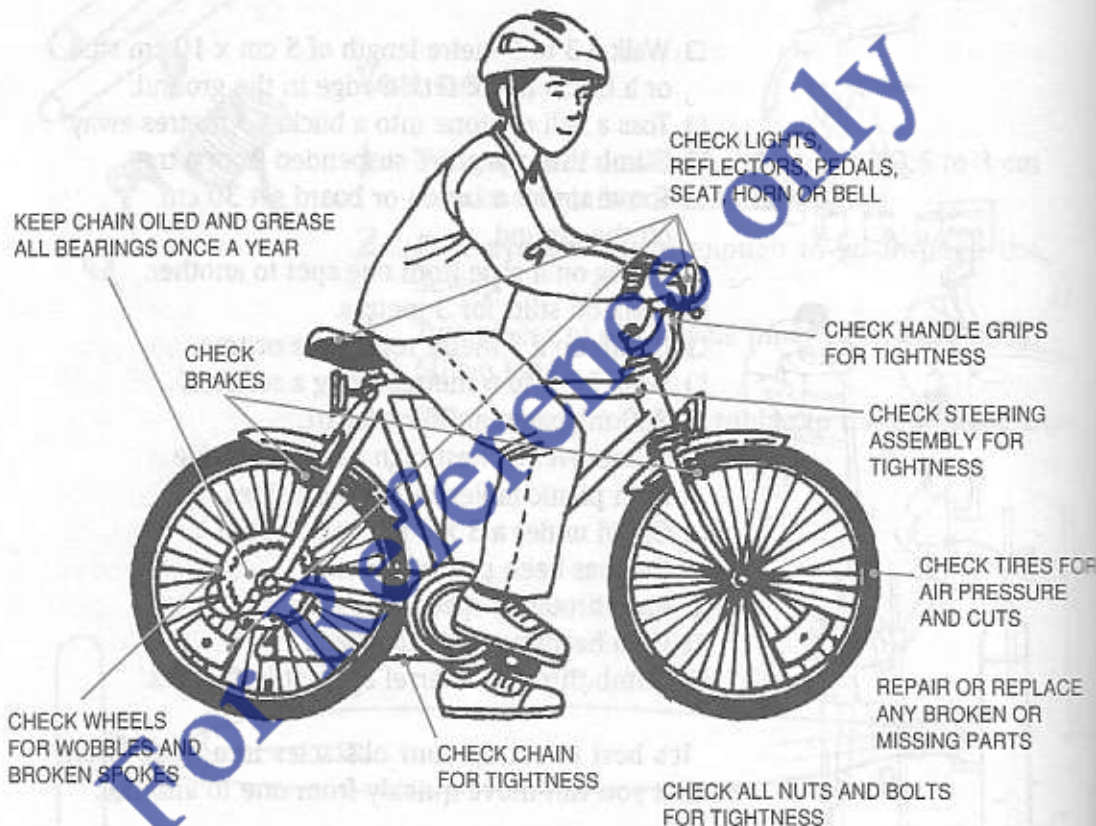


Bicycle Safety

Bike riding is great fun when it is done safely. If you use a bike, you should know how to care for it and ride it properly. Here are some things you should know and practice.



Bike Check

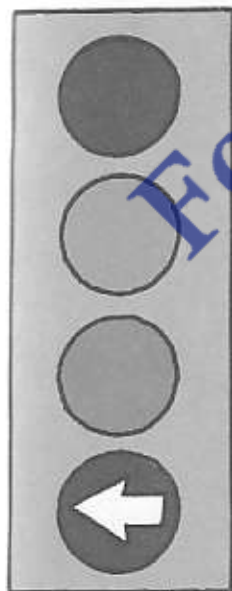
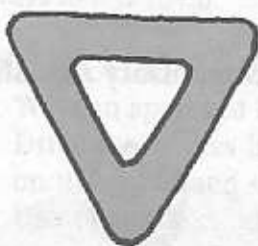
Before riding your bike, check it over to make sure it is in good shape. The Cyclist Badge has a check list you can use.

I checked my bike and found these things needed fixing:

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Road Signs

Riding a bike is like driving a car. You must obey all traffic rules and signs. Ask your parents or leaders to help you learn what each one of these signs and signals mean.



- Stop signs
- Yield
- Crossovers
- One way - Traffic can move in one direction only (shown by the arrow)
- Railway Crossing - Be very careful when you see this sign. It tells you that there are train tracks nearby. Remember, it's easier for you to stop than it is for the train to stop! Now, carefully look left, look right, then look left again. If the way is clear, you can WALK YOUR BIKE ACROSS THE TRACKS!
- Red light - Means you must bring your bike to a full stop.
- Amber light - Means you must bring your bike to a full stop if you can, because the red light is about to appear!
- Green light - Means you may move ahead if the intersection is clear. When you're turning on a GREEN light, remember the pedestrians have the right of way.

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Ride Safely



To keep safe while riding, know these hand signals.

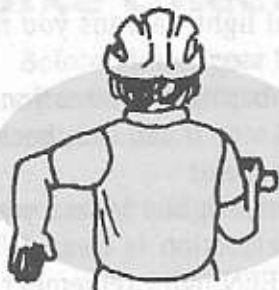
This is the compulsory signalling code:



left turn



right turn



slowing down or stopping

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Drugs and Tobacco **Safety Tips**



While you are riding, remember these rules and always follow them.

WOLF CUBS ALWAYS:

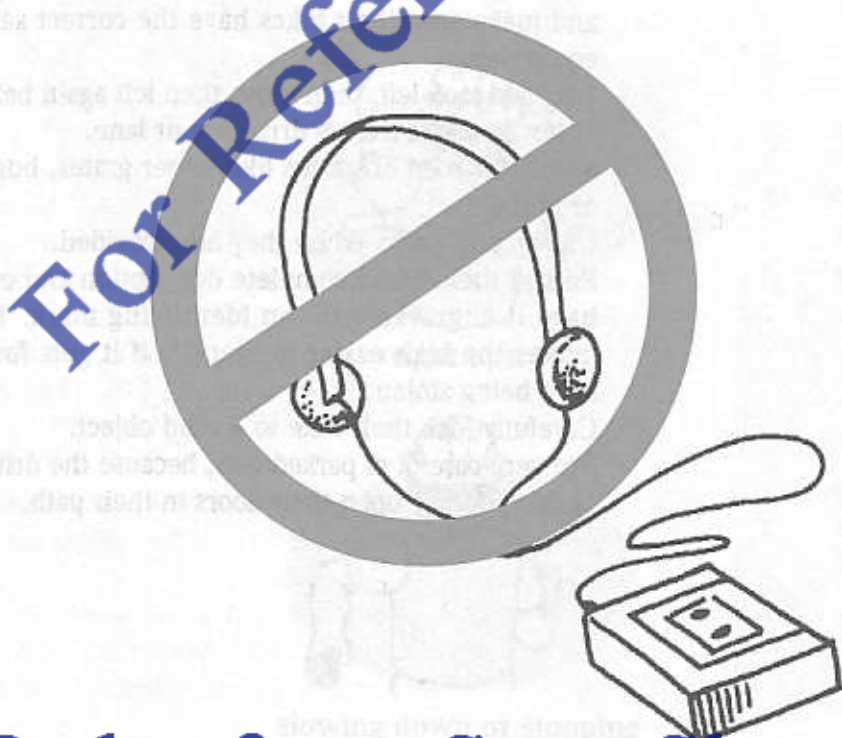
- Wear an approved bike helmet.
- Drive their bikes in the same direction as traffic, on the right hand side of the road, single file.
- Use the correct hand signals when they want to turn, slow down or stop.
- Obey all traffic rules, signs and lights.
- Keep both hands on the handlebar, except when they are signalling.
- Walk their bikes across busy intersections.
- Wear light coloured or reflective clothing at night, and make sure their bikes have the correct safety equipment.
- Stop and look left, then right, then left again before entering traffic from a driveway or lane.
- Watch for road obstacles like sewer grates, bumps or potholes.
- Use bicycle paths when they are provided.
- Record their bike's complete description and even have it engraved with an identifying mark. This makes the bike easier to identify if it gets found after being stolen.
- Carefully lock their bike to a solid object.
- Are very careful of parked cars, because the drivers could suddenly open their doors in their path.

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Scout Safety Tips

WOLF CUBS NEVER:

- Ride two on a bike.
- Race with each other, with cars, trucks or buses.
- Attach carts or any objects to their bikes.
- Weave in and out of traffic.
- Perform stunts.
- Carry parcels in their hands while driving their bicycles.
- Wear headphones or listen to portable stereos when driving their bikes. (You must always be able to hear other traffic, fire trucks, ambulances, police cars, and even other Wolf Cubs!)
- Ride their bikes on the sidewalk unless designated as an official bicycle path.
- Leave their bikes lying on the ground where someone could fall over them.



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