

What is the meaning of First Aid?

- Being the first one to call 911
- Quick help before medical aid to Preserve life, Prevent further harm, Promote recovery
- The same thing as medical aid
- All of the above

What is the meaning of Medical Aid?

- Giving medicine to the injured
- Helping old people who have fallen down
- Treatment by a Doctor, Nurse or Ambulance
- None of the above

What are the three important measures to save a life?

- Announce yourself, Bend over, Care
- Assist, Breathing, Continuously
- Airway, Breathing, Circulation
- All of the above

To Help a conscious choking casualty you would:

- Ask them what they had been eating
- Quickly rush up and slap them in the back as hard as you can
- Identify yourself, make sure they can't speak, perform abdominal thrust
- None of the above

To Help an unconscious casualty you would:

- Shake them until they wake up
- Ask them a question, call 911, do ABC's, stabilize their head and watch their breathing
- Identify yourself, make sure they can't speak, perform abdominal thrust
- All of the above

To Help a burn casualty you would:

- Get a hose and spray them down in case they catch on fire again and call 911
- Determine what type of burn and call 911 if necessary, run area under cool water
- Try to remove as much to the clothing around the burn and burst all the blisters
- None of the above

To Help a casualty that is bleeding severely you would:

- Reassure Them, Evacuate them, Dial 911 (RED)
- Call 911 have casualty Rest, Elevate the cut, apply Direct pressure (RED)
- Call for a leader and tell them you will need extra band aids
- All of the above

How would you stop a nose bleed?

- Identify yourself and have the patient lean slightly forward
- Have them pinch their nose just below the bridge and keep an even pressure
- Once the bleeding has stopped make sure they don't do anything to start bleeding again
- All of the above

What would you do if your clothes or another person's caught on fire?

- Alert them loudly by screaming "DUDE YOU ARE BURNING!!!"
- Grab a hose or fire extinguisher and try to put them out.
- Stop, Drop and Roll or tell the victim to do so (use a blanket if they don't listen)
- None of the above

Describe the signs of frost bite.

- The fingers have a blue colour to them
- Generally not interested in having ice cream with the rest of the pack
- Starts with red irritated skin, turning to blisters, then deep tissue damage
- All of the above

How do you treat frost bite?

- Rub the area briskly to warm it up
- Hold it close to a fire or other heat source
- Warm the area slowly using body heat like from under the arms
- All of the above

How would you treat an insect or animal bite?

- Tell them to suck it up – getting bit by insects is part of cubs
- Rest Elevate and apply direct pressure to the bite – then monitor ABC’ s
- Determine what caused the bite, find out if they are allergic, apply ice, call 911 if necessary
- None of the above

How do you treat hypothermia?

- Ask them if they would like to play Wii because jumping around is good for warming up
- Get them to a warm place, change wet clothes, give warm sweet liquid, wrap in a blanket
- If they are shivering ask them to spell hypothermia to see if they are confused then call 911
- All of the above

How do you treat heat illnesses:

- Give the patient a popsicle; be sure to ask what flavour they like
- Have the rest of the pack make fans out of nearby leaves and start to fan the casualty
- Have them move to a shaded area and tell them you’ ll collect them on the way back
- None of the above

Cub’ s Name

Do Your Best !!!!