

Outdoor Adventure Skills by Topic

Winter Skills, Stages 1-5 by topic

	Food / Water	Clothing / Gear	Achievement	Safety	Leadership	Adventures
	1.2 ... prepared a good snack... 1.3 ... carry a water bottle ... 1.4 ... keep my water bottle from freezing ...	1.6 I know how to dress when I go outside... 1.7 I know to stay dry or change to dry clothes ...	1.1 I have built something out of snow.	1.8 I know about the buddy system ... 1.11 ... I should not touch cold metal with bare skin...	1.9 I know to follow the instructions of the activity leader ... at an outdoor event.	1.5 I have participated in a winter sports day (<i>Beaveree, Cuboree</i> ...) 1.10... hiked ≥ 1 km
	2.2 I have packed a proper lunch for a winter outing.	2.4 I know how to pack extra clothes for winter outings. 2.5 ...to keep my feet dry while I am outside 2.6 ... I know how to put away my outdoor clothing so that it will dry	2.1 I have gone sledding or tobogganing 2.11 ... made a piece of simple winter gear or clothing (<i>wristlet or neck warmer</i>).	2.10 I know to avoid ice or open water without an adult present.	2.7 I can help less experienced Scouts to get dressed to go outside.	2.3 ... two winter sports days ... 2.8 ... one overnight winter camp/sleepover 2.9 ... two hikes ≥ 1 km.
	3.2 I can light a small fire. 3.3 I have helped plan a menu for a winter camp. 3.4 I have cooked a lunch over an open fire.	3.5 I understand the layering principle when dressing for winter activities ... 3.8 I can pack a day pack for a winter outing.	3.6 With a small group, I have built an emergency shelter in winter. 3.11 I can identify the North Star and 3 other features in the winter night sky. 3.14 ... I have made a piece of winter gear or clothing.	3.7 I know how to find shelter from the wind on a cold day. 3.9 ... watch my fellow Scouts for signs of exposure to the cold 3.13 ... made a winter survival kit that I take with me on all winter activities.		3.1 ... participated in a winter sport (<i>alpine skiing, cross-country skiing, snowshoeing, snowboarding, skating, hockey, tobogganing, sledding, curling</i>). 3.10 ... one additional night at winter camp in cabin /heated tent. 3.12 ... hike ≥ 3 km.
	4.2 I have helped purchase food for a winter outing. 4.3 I have helped cook meals at winter camp.	4.5 I have put up a tent in winter... 4.6 I can properly set up my sleeping area to stay warm through the night at winter camp. 4.7 I have used a toboggan or sled to transport equipment .	4.10 I have traveled in snow using snowshoes or nordic skis .	4.12 I know how to help someone ... fallen through ice. 4.13 ... prevent and treat hypothermia and frostbite. 4.14 I know how to avoid and treat snow blindness	4.8 I have taught a winter skill to a less experienced Scout.	4.1 I have participated in a winter sport (<i>different from earlier</i>). 4.4 ... attended a winter campfire. 4.9 ... two consecutive nights at winter camp (<i>in addition prev.</i>) 4.11 ... two ≥ 3 km hikes.
	5.3 ... chief cook for at least one meal at winter camp. 5.7 I can lay and light a fire in winter conditions for warmth and cooking. 5.8 I can use a liquid fuel stove in winter conditions...	5.5 I am able to pack ... for a two-night winter camp.	5.6 ...built & slept in shelter ; quinzhee, snow trench or a lean-to.	5.13 I know how to avoid, recognize & treat carbon monoxide poisoning (which can occur in winter shelters). 5.14 I have first aid qualification (<i>SJA or Red Cross Standard First Aid</i>). 5.15 I can execute ladder rescue, chain assist and reaching assist ...	5.2 led ... planning & purchasing meals ... 5.4 ...helped run a winter campfire 5.9 ... helped lead a winter sports day .	5.1 ... played an outdoor game in winter ≥ 6 meetings. 5.10 ... two nights outside at winter camp (<i>in addition prev.</i>) 5.11 Hiked ≥ 3 6 hours ≥ 6 km 5.12 ≥ 5 km hikes following compass bearings.

Edited for brevity. Be sure to consult the official documentation scouts.ca/scoutinglife/wp-content/uploads/oas/winter-skills-en.pdf as well as the complete wiki references wiki.scouts.ca/en/Winter_Skills and wiki.scouts.ca/en/Winter_Skills_by_Topic.