

Survival / First Aid Kit

	<p>1.1 I have made my own personal first aid kit.</p>		
	<p>2.1 I have added items to my own personal first aid kit and I know how and when to use it.</p>		
	<p>3.13 I have made a winter survival kit that I take ... on all winter activities.</p>		<p>3.10 I have put together a personal outdoor survival kit.</p>
	<p>4.4 I know what goes into home first aid kit. 4.9 I know what is in our Group first aid kit and know how to use it.</p>		<p>5.9 I have made a personal survival kit as identified in the Field Guide for Canadian Scouting (pages 27–28).</p>
	<p>6.5 I can explain group emergency equipment for a camp.</p>		<p>6.2 I can show what group emergency equipment we can carry on a weekend hike, and how to use each item.</p>
	<p>7.10 I know what specialized equipment is required in my field first aid kit based upon my activities, skill level, certification and how to use and care for the equipment.</p>		<p>7.2 I can inspect group emergency equipment for a hiking expedition of more than two nights.</p>
	<p>8.6 I have taught a group of people on the importance of, and what should be in, a 72-hr home preparedness kit. 8.10 I know what equipment needs to be in a first aid kit for an activity of at least one weekend in length in the wilderness.</p>		
	<p>9.8 I can assemble, display and describe winter and summer survival kits and explain how to use them.</p>		

Carrying a survival and first aid kit is long traditional in Scouting, as a very useful habit when in the outdoors! For years cigarette tins were commonly used, which doesn't fit in with today's promotion of a healthier lifestyle. (Plus they don't make metal ones anymore.) What's a suitable container for your kit?