

A Cub First Aid / Survival Kit



Let's start with the purchased *Kid's Survival Kit*, containing:

- Yellow, zippered **Carrying Case** with clip
- Yellow **Rain Poncho**
- Mini-LED **Flashlight**
- 5-in-1 **Whistle, Compass, Mirror, Match Case, Flint** (*Fire Starter*)
- Adhesive Badges**
- Antiseptic Wipe**
- Survival Guide** (*lots of great information to read!*)
- Identification Card** (*fill in this ID card*)

This would be a great help in an emergency, but we can do better. Let's make this into a true Cub First Aid / Survival Kit. (*See pages 86-88 of The Cub Book.*)

Add the following First Aid items:

- Gauze Pads** (*and extra bandages, if you want*)
- Adhesive Tape** (*doesn't need to be a full roll*)
- Safety Pins**
- Tweezers**
- Quarters** (*2 × 25¢ pieces, for phone calls. Note: 911 calls are free*)
- Note Pad** (*can be made from folded paper stapled together*)
- Pencil** (*sharpened and short enough to fit in the case*)

Add the following Survival items:

- High Energy Snack** (*something with long shelf life, lots of calories*)
- Waterproofed Matches with Striker** (*put in whistle case*) – See rules below!
- Small Pocket Knife** – See rules below!
- Some **Nylon** or other **Strong String**
- Aluminum foil** (*to make small pots or cups*)

Everything has to fit in the case! Don't over pack it to the point of breaking the zipper. (*If you really want to carry more things, consider separate First Aid and Survival Kits.*)

Rules:

- Bring your Cub First Aid / Survival Kit on every Camp or Hike.
- Items are to be used only during an emergency, not for playing or snacking.
- Playing with matches or knives will not be tolerated!
- Using a knife is not permitted until the Scout Knife Safety Permit is earned.
- **Parental permission is required** to carry **matches** or **knife** in your kit.

Check each box after you pack each required item in your Cub First Aid Survival Kit.